



CITY OF BURNSVILLE, MINNESOTA POLICE DEPARTMENT

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H1N1 Novel Influenza (aka Swine Flu) Information

State and local public health officials are taking aggressive steps in response to the unusual strain of swine influenza that has been making people ill in Mexico and parts of the United States. It is important to note that there no reported cases in the State of Minnesota at this time.

2009 Flu Info

[U.S. Info](#)
[Things You Can Do](#)
[Plan & Prepare](#)
[International Info](#)

HHS.gov | CDC.gov

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Swine Flu Info

Gripe 2009 Info

[Información de los EE.UU.](#)
[Cosas que usted puede hacer](#)
[Prepárese y haga un plan](#)
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HHS.gov | CDC.gov

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Swine Flu Info

The City is providing links for residents to get the most up-to-date information regarding this health concern. In addition, the Minnesota Department of Health has issued reminders to observe routine public health practices which can prevent the spread of the flu:

Minnesota Department of Health Reminders

- Stay home from work, school, and errands when you are sick. You will help prevent others from catching your illness.
- Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- Avoid close contact with people who are sick. When you are sick, keep your distance from others to protect them from getting sick too.
- Wash your hands often to protect yourself from germs.
- Avoid touching your eyes, nose or mouth. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.
- Practice other good health habits. Keep yourself strong – and more resistant to disease – by getting plenty of sleep, staying physically active, managing stress, drinking plenty of fluids and eating nutritious food.

More Information:

[Center for Disease Control](#)
[Minnesota Department of Health](#)
[Dakota County Public Health](#)
[Burnsville Pandemic Planning](#)

Phone Hotline

Center for Disease Control National Hotline 1-800-232-4636

The Minnesota Department of Health has established a public information phone line: 1-800-657-3903.