



News from the Somerset County Board of Chosen Freeholders

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How to Survive Zero to Five – A Workshop for Parents

SOMERVILLE – Are some of your child’s behaviors frustrating and confusing? A free workshop for parents, titled “Parents Guide on How to Survive Zero to Five,” will be held at **7 p.m. on Thursday, Oct. 15**, at **Somerset Medical Center Fuld Auditorium**, located at 110 Rehill Ave.

This program will highlight the many stages children go through as they grow. Keynote speaker, Jeanne Guarnieri, will discuss what most children are capable of doing at each milestone from birth to 5 years of age.

Registration is requested in advance. Call **(908) 203-6234** or register online at www.somersetmedicalcenter.com/events.

The workshop is sponsored by the Somerset County Office of Youth Services in partnership with the Somerset Medical Center’s Community Health Department.

For more information, contact the Somerset Medical Center at (908) 203-6234.