



News from the Somerset County Board of Chosen Freeholders

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October 9, 2009

North Plainfield Family Health and Safety Day

NORTH PLAINFIELD – The Somerset County Department of Health will sponsor their annual Family Health & Safety Day on **Oct. 17** from **8 a.m. to 12 p.m.** at the **North Plainfield Senior Citizen / Community Center**, located on the corner of Greenbrook Road and Clinton Avenue. Food and refreshments will be offered.

A comprehensive wellness blood screening for CBC / lipid profiles will be offered by Medical Laboratory Diagnostics. Participants must fast for 12 hours prior to the blood screening. There is a \$20.00 blood analysis charge for North Plainfield residents and a \$30.00 charge for non-residents. **Pre-registration is required for all laboratory testing.** Call **(908) 231-7155** to register.

The Community VNA will offer **flu vaccines** from **10 a.m. until 12 p.m.** To receive the vaccination at no charge, eligible participants must have Medicare Part B and bring the Medicare Part B card with them. Otherwise, the cost will be \$5.00 for North Plainfield residents and \$10 for non-residents.

Planned activities include hearing screenings, blood pressure and glucose checks and chair massages.

For additional information, call David DeRosa, Somerset County Health Department, at (908) 203-6070.